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ST and SEL



The Triple Focus:

A New Approach to Education

A new book by Daniel Goleman and Peter Senge

What tools can we offer today's students to help them navigate and succeed in a culture with unprecedented social and emotional challenges?

Peter Senge and Daniel Goleman provide educators with a solid rationale for incorporating focus-related skill sets in the classroom to help students navigate our fast-paced world of increasing distraction. The three types of skill sets they outline are designed to help students better understand the interconnections between people, ideas, and the planet. The book also offers case studies of model educational programs that include these competencies in their curriculum, and shares best practices for introducing these concepts in schools.

Two seminal thinkers have written a slim book with big ideas that are well worth pondering.” –Howard Gardner, co-author of *The App Generation*

The print edition of [The Triple Focus: A New Approach to Education](#) is available now at [morethansound.net](#). The digital edition is available through Amazon, Barnes and Noble and iTunes.

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